

Making Muffins ... *effortlessly!*

THE *Dish* *effortless*
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Dear Friends,

Just in time for fresh blueberries, my favorite Blueberry Muffin recipe, and [video](#) with a quick tip from our sweet friend Forest Richardson for making muffins! The recipe from good friend Hester Hodde is easy enough to whip up and bake while you prepare the rest of your breakfast. These are a staple in our home. As I prepare for houseguests this weekend, I'll be making a batch.



As many of you know, I'm a DIY breakfast girl, which is why being able to prepare these advance and freeze is also a help. We especially like to cut in half and heat with a little butter. Oh my!

From our home to yours,

Dee Dee

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Blueberry Muffins

Serves 12

Hester Hodde

INGREDIENTS

1 cup white flour
1 cup whole wheat flour
1 cup sugar
2 tsp baking powder
½ tsp salt
½ cup butter, melted
½ cup milk
1 egg
1 tsp vanilla
2 cups blueberries
½ cup pecan pieces, optional



[Printer-Friendly Recipe](#)

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“I just arrived at my Southampton house for the summer last evening. So glad to be back! All set with my Effortless Entertaining book AND FOND MEMORIES OF YOU. Come visit! I'd love to have y'all!”

BLANCHE

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