

CREAMY GRITS

Serves 8

Inspired by Luquire Stone Ground Grits

Mix all ingredients in saucepan. Bring to boil over medium heat.

Reduce heat to low. Cover and simmer 20 - 25 min. Stir often.

For creamier grits, add water or half and half.

DEEDEE'S NOTES:

- Recipe may need to be adjusted based on the brand you are using.
- You may add ½ cup shredded cheese.

INGREDIENTS

1 cup stoned ground grits

2 ½ cups water

1 ½ cups half and half

4 tbsp butter

1 tsp salt