

The Dish - Frogmore Stew Menu
New Recipes: Crabmeat Poppers, Cheddar Cheese Ring,
Frogmore Stew, Gifts and Talents Corn Muffins



JULY 2018

*“You don’t choose your family – they are
God’s gift to you as you are to them.”*

DESMOND TUTU

Welcome . . .

God blessed me with a big, raucous, and abundantly loving family! They have truly been God’s gift to me my entire life. Once Ed and I started our own family, they were God’s gift to them, too.

My mother’s family came from Lebanon to start a new life in America. We are the Lebanese version of *My Big Fat Greek Wedding*. We all talk at once, we love to dance, and we love to be together.

Since we were kids, we have all gone to the beach – grandparents, aunts, uncles, cousins – all in one house! Now it’s my sister, my brother, and me and our families who make this happy pilgrimage each year. Everyone is assigned a night to be in charge of food and games. Over the years we’ve had the Amazing Race, complete with clues that sent us from one end of the island to the other, Cutthroat Cocktails, Superheroes with a Twist, ’80s Lip-Sync Contest, and, of course, Charades. This usually includes a little surprise for newcomers! From the youngest to the oldest, everyone gets in on the action.

We also have the most delicious meals. We have always enjoyed gathering around the table, and we all love to cook. This year, on the night my sister Nikki and my brother-in-law Wayne and I were in charge, we hosted a murder mystery with an amusing cast of

characters. No one knows how to make big fun like my sister, who brought all the props. Even the youngest enjoyed their mermaid and lifeguard costumes! Nikki and Wayne also offered one of our favorite family beach menus, Frogmore Stew. One of the things everyone likes on vacation is easy preparation and cleanup – note the use of disposable (or should I say *recyclable*) pans. Whatever it takes to make it more *effortless*!

I hope this menu will be part of a fun-filled night with your family and friends!

Dee Dee



FROGMORE STEW MENU

Our favorite beach menu is full of new recipes that can be prepped and prepared in advance, leaving everyone plenty of time to enjoy the sun and fun!

- [Sangria](#) *
- [Crab Poppers](#) *
- [Cheddar Cheese Ring](#) *
- [Frogmore Stew](#) *
- [Tomato and Cucumber Salad](#) *
- [Gifts and Talents Corn Muffins](#) *
- [Key Lime Pie](#)

* new recipes



Log in for members-only access to Menu, GamePlan & Recipes





STYLE POINTS

Celebrate with a special table!

If you want to style up your Frogmore Stew, consider pans from Golden Rabbit. Yes, a little pricey, but the colors!
Golden Rabbit Lasagna Pan
(16 x 12½ x 4 Lasagna Pan, holds 10½ quarts, with glass lid)



Why not order the plates, too?
Golden Rabbit Dinner Plates (10½ in)



TIPS & QUIPS

Drying your own mint

Dried mint is the secret to DeeDee's Salad (p. 132 in your guide) and to the Tomato and Cucumber Salad in this menu. Mint is so easy to grow and dry. Thanks to my sister, we still have mint from the plants grown in my grandmother's garden! When you're ready to dry your fresh mint, simply remove leaves from the stems and place on newspaper or paper towel for 3-5 days. Once it's dry, just crumble it into a jar. Voilà!



Family Job Chart

No family beach trip is complete without a Job Chart. Everyone has an assignment each day . . . Grocery, Trash, Dishwasher, Deck, Tent, etc. In the guide, I also talk about using a Job Jar for your dinner parties, see page 102. Many hands make light work!



SOURCES & RESOURCES



Govino Plastic Wineglasses

Glass is not allowed on the beach, but these Govinos are great looking and dishwasher safe.

[available here](#)



Murphy's Naturals Mosquito Repellent Incense Sticks

If the bugs aim to ruin your outdoor fun, try these! EE follower and friend Lucy Amato, whose beautiful shells are on p. 376 of your guide, promises these all-natural repellent sticks really work. We don't have mosquitoes bothering us in the mountains or on the ninth floor of our building in Charlotte, but Lucy was so enthusiastic about them, I've already placed an order!

[available here](#)



Back to Nature Crackers

A new favorite cracker – very crisp,

great taste, and gluten free. It's also sturdier than many rice crackers, so it's great for heavier hors d'oeuvres, such as the Cheddar Cheese Ring.
Available at your grocer.

We want to hear from you!

We love hearing how much you enjoy *Effortless Entertaining*.
[Send us comments and photos!](#)

MEMBER FEEDBACK

*“Your book is simply sensational!
It’s such a complete guide for
someone who doesn’t entertain often.
Now that I have your step-by-step
manual, I plan to do more!”*

— ANN



“Life’s too short not to have an umbrella in your drink.”

COCKTAIL NAPKIN QUOTE



Effortless Entertaining

DeeDee Dalrymple

www.MyEffortlessEntertaining.com

Copyright © 2018 Effortless Entertaining, LLC, All rights reserved.

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

The MailChimp logo is centered within a dark gray rounded rectangular button. The text "MailChimp" is written in a white, cursive script font.