

## MEASUREMENT EQUIVALENTS

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Pinch	less than $\frac{1}{8}$ tsp			
3 tsp	1 tbsp			
1 tbsp		$\frac{1}{2}$ fluid oz		
2 tbsp		1 fluid oz		
4 tbsp	$\frac{1}{4}$ cup	2 fluid oz		
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1 cup	8 tbsp	8 fluid oz	$\frac{1}{2}$ pint	
2 cups		16 fluid oz	1 pint	
3 cups		24 fluid oz	1 $\frac{1}{2}$ pint	$\frac{3}{4}$ qt
4 cups		32 fluid oz	2 pints	1 qt
6 cups		48 fluid oz	3 pints	1 $\frac{1}{2}$ qts
8 cups		64 fluid oz		2 qts $\frac{1}{2}$ gallon
16 cups		128 fluid oz	4 qts	1 gallon